



KIDCO Child Care
Miami, FL
FEBRUARY 2012

Dates to Remember

February 1

- 10:00am to 12:00pm - *Gym Classes - KIDCO I & III*
- Picture Day - KIDCO I - for EHS/CDS/Private*

February 2

- Picture Day - KIDCO III*
- 9:00am - *Yoga Classes - KIDCO II EHS/HS & KIDCO III Preschoolers*

February 3

- Teacher Planning Day for **HEAD START ONLY**
- Picture Day - KIDCO II - for EHS/Toddlers/Twos*

February 6

- Picture Day - KIDCO II - for Head Start*

February 7

- Yoga Classes - KIDCO I EHS Toddlers/HS/Preschoolers -*

February 8

- 10:00am to 12:00pm - *Gym Classes - KIDCO II*
- 10:00am - RIF Distribution - ALL CENTERS

February 9

- Yoga Classes - KIDCO IV*

February 13

- 2:00pm - St. Valentine's Day Raffle at KIDCO Central

February 14

- St. Valentine's Day
- 8:45am to 12:00pm - *Yoga Classes - KIDCO III & KII Classroom 4*

February 15

- 10:00am to 12:00 - *Gym Classes - KIDCO I & IV*
- 3:30pm - Multi Cultural Diversity Training - KIDCO III

February 16

- Yoga Classes - KIDCO III - EHS Toddlers/HS & Preschoolers - KIDCO II*
- 3:30pm - Multi Cultural Diversity Training - KIDCO I
- 3:30pm - Multi Cultural Diversity Training - KIDCO IV
- 4:00pm - Multi Cultural Diversity Training - KIDCO II
- 4:00pm - Policy Committee Meeting at KIDCO Central**

February 18

- KIDCO IV 16th Anniversary*

February 20

- President's Day - ALL CENTERS CLOSED

February 21

- Yoga Classes-HS/EHS Toddlers/Preschoolers- KIDCO I*

February 23

- Yoga Classes - KIDCO IV*

February 24

- Cowboy Day
- 10:00am - Black History Parade - ALL CENTERS

February 28

- 8:45am - *Yoga Classes - KIDCO II & KIDCO III Group 4*



February Birthdays

Rosanna Mojica	February 1
Silvia La Villa	February 8
Carline Estime	February 12
Viviana Gaeta	February 13
Maria Elena Lacalle	February 21
Marisela Pérez	February 21
Marietta Gutiérrez	February 27

Parent's Corner

Baby Safety Checklist

By a collaboration of the National Black Child Development Institute and the National Head Start Association - Child Health Talk Insert

Bedroom

- Put your baby to sleep on her or his back in a crib with a firm flat mattress and no soft bedding underneath.
- Make sure that your baby's crib is sturdy and has no loose or missing hardware.
- Never place your baby's crib or furniture near cords from window blinds or curtains.

Bathroom

- Keep medicines and cleaning products in containers with safety caps and locked away from children.
- Always check bath water temperature with your wrist or elbow before putting your baby in to bathe.
- Never, ever leave your child alone in the bathtub or near any water.

Kitchen

- Don't leave your baby alone in a highchair; always use all safety straps.
- Use your stove's back burners, and keep pot handles turned to the back of the stove.
- Lock household cleaning products, knives, matches, and plastic bags away from children.

Living Areas

- Install smoke detectors on each floor of your home, especially near sleeping areas; change the batteries each year.
- Use safety gates to block stairways, and safety plugs to cover electrical outlets.

Keep all small objects, including tiny toys and balloons, away from young children.

Nutrition

"Valentine Muffins"

(Ingredients for 12 muffins)

- ♥ 6 tbsp. butter
- ♥ ¾ cup sugar
- ♥ 2 eggs
- ♥ ½ cup milk
- ♥ 14 strawberries, fresh or defrosted frozen
- ♥ 2 cups all - purpose flour
- ♥ ¼ tsp. salt
- ♥ 1 tbsp. baking powder
- ♥ Strawberry jam

Directions

Preheat the oven to 350F.

- Mix the butter and sugar, add in the eggs, one at a time, and the milk.
- Mash the berries with a potato masher or puree in a blender. The stir the berries into the butter and milk mixture.
- In a separate bowl, stir the flour, salt and baking powder.
- Add the flour mixture to the berry mixture. Use a wooden spoon to stir until all the white disappears.
- Line the muffin tin with paper liners and fill the cups halfway with batter. Add a surprise: ½ teaspoon of jam. Then spoon more batter to fill almost to top.

Bake about 20 minutes to 25 minutes until a toothpick inserted near the center comes out clean.