



KIDCO Express



KIDCO Child Care
Miami, FL

APRIL 2012

Dates to Remember

April 3

- 8:45 to 12:00pm - *Yoga classes* - KIDCO III

April 4

- 10:00 am to 12:00 pm - *Gym classes* - KIDCO I & KIDCO III

April 5

- 8:45 to 12:00pm - *Yoga Classes* - KIDCO II

April 6

- Good Friday - CENTER CLOSED**

April 6

- Early Head Start is Open**

April 10

- Yoga Classes* - KIDCO III

April 12

- Yoga Classes* - KIDCO IV

April 17

- Yoga Classes* - KIDCO III

April 18

- 10:00 to 12:00 pm - *Gym Classes* - KIDCO II
- 4:00 pm - **Policy Committee Meeting at KIDCO Central**

April 19

- Yoga classes* - KIDCO III

April 20

- 9:00 am - *Field Trip at Roberto Clemente Park - all centers*



April 22 to 28

- Week of the Young Child*



April 22

- Earth Day**

April 24

- Yoga Classes* - KIDCO I

April 25

- 10:00 to 12:00pm - *Gym Classes* - KIDCO I and KIDCO IV

April 26

- Yoga Classes* - KIDCO IV



April 27

- Tie/Scarf Day**

April Birthdays

Madeline Alvarez	April 10
Karla Padilla	April 15
Zaklina Kajtazi	April 16
Edenia Valdes	April 21
Sonia Alvarez	April 24
Edlyn Navas	April 25
Frank R. Emmert	April 26
Lourdes Battle	April 27
Elda Percival	April 29

Parent's Corner

Guiding Principles in Action

By the Task Force on Children's Learning

Focus: Child

Children are active learners, drawing on direct physical and social experience as well as culturally transmitted knowledge to construct their own understanding of the world around them.

Meaningful art activities for infants and toddlers:

- Draw from the best and simplest elements of the visual and performing arts.
- Language should be rich and centered around one-on-one interactions with a significant adult.
- Reflect a child's environment and everyday life and develop these experiences into different art forms.
- Are embellished with encouraging language from adults and can be a source of sensory stimulation.
- Provide a balance of sensory stimulation (using sounds, movement, etc.) that is sensitive to cues and signals of the child.
- Reinforce early language and literacy skills as adults connect language to toddlers' activities.
- Include adult imitation and repetition in response to a child's interests.

Nutrition



Sautéed Green Beans with Hazelnuts Crumbs

Ingredients:

- ½ cup ground toasted hazelnuts
- ¼ cup dry bread crumbs
- 1 pound green beans, steamed
- 6 tablespoons butter
- 1 clove of garlic
- ¼ teaspoon salt
- ¼ teaspoon pepper

Directions:

1. Combine the nuts and breads crumbs and set aside.
2. Cook the green beans in boiling salted water for 2-3 minutes. Refresh them under cold water and drain.
3. Melt the butter in a pan and sauté the garlic until softened. Add the green beans, salt, pepper and hazelnut crumbs. Sauté several minutes to heat through. Serve at once.