



KIDCO EXPRESS



KIDCO Child Care
Miami, FL

June 2011

Dates to Remember

June 3

- Last Day for Head Start Program

June 6

- Summer Program Begins

June 7

- 10:00am - KIDCO I *End of the Year Ceremony* at Holy Cross Episcopal Church
- 2:00pm - KIDCO II *End of the Year Ceremony* at Holy Cross Episcopal Church

June 8

- 10:00am - KIDCO III *End of Year Ceremony* at Holy Cross Episcopal Church
- 2:00pm - KIDCO IV *End of the Year Ceremony* at Holy Cross Episcopal Church

June 10

- VPK Summer Begins

June 15

- 4:00pm - *Policy Committee Meeting at KIDCO Central*

June 21

- 10:30am to 12:00pm - KIDCO I & II *Field Trip* to Allapattah Library Interactive Story Time

June 22

- 10:00am to 12:00pm - KIDCO I & II Gym Classes

June 24

- 9:00am KIDCO I & II - *Field Trip* to Amelia Earhart Park

June 29

- 10:00 to 12:00pm - KIDCO I & II Gym Classes

June's Birthdays

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|-----------------|---------|
| Fruma Margolis | June 6 |
| Luisa Arias | June 6 |
| Dinorah Castro | June 7 |
| Gricely Soto | June 10 |
| Maritza Arias | June 25 |
| Sandra Kolonias | June 26 |

Parent's Corner

LANGUAGE DEVELOPMENT

Language development in children begins before birth. By twenty-five weeks gestation, a baby's hearing is similar to that of an adult. Research has shown that when a baby hears a song in the womb, he or she reacts to that song excitedly when sang again after birth.

By the time a child is twelve months, he or she can understand many words even though he cannot express them. It is suggested that parents read to their babies every night. When reading or talking to your infant, pause as if your child is going to respond. You can then provide an answer for your child after the pause. When your child smiles, babbles or coos, there is a communication loop established. Remember to always establish eye contact and get your baby's attention by calling his or her name or establishing a touch.

When talking with your toddler, pause to wait for a response. Don't provide a response let the toddler do this in order to encourage communication. Remember to use simple sentences and repeat the important words. Share books with your toddler and talk about the pictures. Toddlers enjoy writing. Give your child an opportunity to discuss what he or she has written with you.

When reading to your preschooler, identify objects, colors, shapes, people and animals in the pictures to expand vocabulary. Expand on what your child says to model complete sentences. Help your child to understand and ask questions. Encourage your child to also ask what, when, where and why questions. Play games with your child that encourages him or her to follow three step directions.

Nutrition

Grapefruit Sauce over Mixed Berries

Ingredients (6 servings)

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| <ul style="list-style-type: none"> • 3 cups mix Strawberries, blueberries, raspberries, and/or blackberries • 4 egg yolks | <ul style="list-style-type: none"> • 1/3 cup sugar • ¼ cup fresh grapefruit juice • Grated grapefruit zest |
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Directions:

1. In a large bowl, toss together the berries and set aside.
2. Combine the egg yolks, sugar and grapefruit juice, whisk vigorously until combined and the color is a pale yellow.
3. Set the bowl over a [saucepan](#) of simmering water (do not let the bowl touch the water). Using a whisk or an electric hand [mixer](#), whisk the egg mixture until it has tripled in volume and is very thick and creamy, about 4 to 5 minutes.
4. Spoon the sauce over the berries and serve immediately.