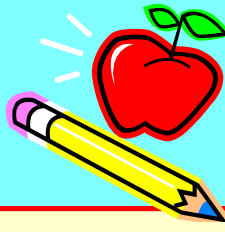




# KIDCO Express



KIDCO Child Care  
Miami, FL

**JULY 2012**

## Dates to Remember



### July 4

- CENTER CLOSED - United States Independent Day

### July 6

- 10:00 - 12:00 - Gym classes - KIDCO II and KIDCO III

### July 10

- 10:00 - 12:00 - Gym classes - KIDCO II and KIDCO III

### July 11

- KIDCO Cleanup Day - Keep your center looking good!

### July 12

- 8:30am - Field Trip to Cobb Movie Theater- Miami Lakes

### July 19

- 4:00 - Policy Committee Meeting at KIDCO Central

### July 20

- Outdoor Art Show - Parent and Children are inviting to walk through and enjoy the Outdoor Art Show.

### July 24

- 10:00 - 12:00 - Gym classes for KIDCO II and KIDCO III

### July 31

- 10:00 - 12:00 - Gym classes for KIDCO II and KIDCO III
- Last Day for Early Head Start

## ANNOUNCEMENT

**August 3 - last day for VPK**



### July's Birthday

Maria Torres	July 6
Julia Hernandez	July 23
Yassy Comas	July 24

## Parent's Corner

### DOG SAFETY TIPS



- Do not let your child approach or reach out to a strange dog, even if the owner says it's OK. Teach children older than 6 to hold their hand open and still near a friendly dog and let the dog come to the child. After the dog sniffs the child's hand, he or she can slowly and gently pet the dog's head
- Never leave a baby or child alone with a dog.
- When visiting friends who have a dog, do not allow your child to play unsupervised when the dog is out.
- Never feed a dog directly from your hand so that the dog never learns that it is acceptable to take food from people.
- Do not allow a child to feed a dog unsupervised. Some dogs can be very protective of their food.

## Nutrition

### Berry-Berry "Banana Split"



- ◆ 1 Small banana, split length wise
- ◆ 1 container (6 oz.) strawberry low-fat yogurt
- ◆ 1/4 cup Teddy Grahams Cinnamon Graham Snacks

**PLACE** bananas in sundae dish or cereal bowl.

**TOP** evenly with yogurt and graham snacks.

**SERVE** immediately.

*Taken from Kraft.com*