



**KIDCO Child Care**  
Miami, FL  
DECEMBER 2011

## Dates to Remember

### December 2

- 9:00am to 11:30am - Yoga Classes - KIDCO IV

### December 6

- 9:00am to 11:30am - Yoga Classes - KIDCO I

### December 7

- 10:00am to 12:00pm Gym Classes - KIDCO I

### December 8

- 9:00am to 11:30am Yoga Classes - KIDCO IV

### December 9

- Mix and Match Day

### December 12

- 10:00am to 12:00pm - Gym Classes - KIDCO II

### December 13

- 4:00pm - Holiday Performance - KIDCO II

### December 14

- DASH visits KIDCO II
- 10:00am to 12:00pm Gym Classes - KIDCO I & IV
- 5:00pm - Holiday Performance - KIDCO I
- 5:30pm - Board of Directors & Trustees Annual Meeting

### December 15

- 3:30pm KIDCO IV - Holiday Performance
- 4:00pm KIDCO III - Holiday Performance
- 4:00pm Policy Committee Meeting

### December 16

- Santa visits KIDCO I, II, and IV
- Christmas Basket Raffle at KIDCO Central

### December 19

- Head Start Holiday Recess Begins  
NO CLASSES FOR HEAD START

### December 20

- Hanukkah begins- Jewish Holidays

### December 23

- Early Head Start Holiday Recess Begins  
NO CLASSES FOR EARLY HEAD START

### December 26

- Kwanzaa Begins - African American celebration with focus on the traditional African values of family
- Holiday - ALL CENTERS CLOSED

### January 1

"HAPPY NEW YEAR!"

### January 2

- New Year's Day - ALL CENTERS CLOSED

### January 3

## Parent's Corner

### "Making Home Learning Place"

Social development in infants is intertwined with parent/child relationships. Therefore, it is very important for parents to participate together with their children in games and activities that promote social interaction. Play peek-a-boo with your infant using your hands or a soft object. Pat-a-cake is a wonderful social game in which you can also conduct fine motor exercises with your infant by gently twirling your baby's hands around.

Supportive relationships with parents teach toddlers how to form friendships, communicate emotions and deal with challenges. Parents should help toddlers develop a sense of self-awareness. This helps toddlers begin to develop empathy - the ability to put one's self in another person's shoes and imagine what he or she is doing. Parents can help toddlers learn to share by playing turn-taking games like passing a ball around a circle or playing in water and sand.

Preschoolers increasingly understand themselves as individuals. As they become more secure about separating from their parents and feel competent in their abilities, they early want to participate in new experiences and make relationships.

## Nutrition

### "Top 10 Safety Rules For Kids"

Whether they are helping you cook or simply watching, kids must be familiar with basic safety rules in the kitchen.

1. Check that the oven and other cooking appliances are turned off before you leave the kitchen.
2. Keep electrical appliances away from water to avoid shocks. Stay away from electrical sockets, especially if your hands are wet.
3. If you burn yourself, tell an adult immediately and hold the burned area under cool running water.
4. Don't put knives or other sharp objects into a sink full of water. Someone could reach in and get hurt.
5. Watch out for sharp knives. Let an adult cut or slice foods or help you do it.
6. Never put water on a cooking fire -- it could make the fire bigger. Ask an adult for help! Put out a fire with a fire extinguisher. If the fire is small, it can be put out with baking soda or smothered with a lid. Leave the house and call 911 if the fire has leaping flames.
7. Don't put cooked food on an unwashed plate or cutting board that held raw food. Always use a clean plate.
8. Never add water to a pan that has hot oil in it. It could make the oil splatter and burn someone.
9. Always turn pot handles in toward the back of the rangetop. This way no one can bump into them

## December Birthdays

Nidia Alviso	December 2
Zaida Seoane	December 2
Judith Fumia	December 16
Shema R. Britton	December 29

HAPPY HOLIDAYS!

